

Client Feedback

An excellent introduction to Appraisal”

“Good venue, excellent sized group, excellent facilitator”

“Very thought provoking and stimulating –thoroughly enjoyable and beneficial”

“Very useful and informative session, with specific techniques to take back to the workplace”

“Very good session; highly recommended and will change my practice in the workplace”.

“Exactly right for our organisation”

“Less of an introduction to coaching and more of a Master Class- absolutely excellent

Individual Coaching

“The objectives agreed at the beginning of the coaching were achieved. As a result of the coaching, several difficulties with my work have been solved.”

“Very helpful and illuminating”

“Well-constructed and thought provoking sessions-I certainly felt as well prepared as I could be.”

“The time and ability to talk about radical changes to my work/life balance was valuable. Consideration of emotional intelligence and business approaches was very useful and boundaries of personal possibility changed significantly”.

“Excellent and life-changing